

RSV UNCOVERED

Learn more about the symptoms, risk factors, and possible outcomes of respiratory syncytial virus (RSV).



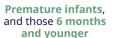


ALL PEOPLE—YOUNG, OLD, AND EVERYONE IN BETWEEN—ARE SUSCEPTIBLE TO RSV¹

Respiratory syncytial virus (RSV) is a highly contagious pathogen that affects the lungs and breathing passages of infants, children, and adults.^{2,3}

CERTAIN INFANTS, CHILDREN, AND ADULTS ARE AT A HIGHER RISK FOR SEVERE RSV^{3,4}:







Children younger than 2 years with chronic medical conditions



Children with weakened immune systems



Older adults



Adults with certain chronic medical conditions e.g. chronic heart or lung disease



Adults with compromised immune systems

RSV SEVERITY: FROM COLD-LIKE SYMPTOMS TO HOSPITALIZATION3,4





For some, RSV can manifest as cold-like symptoms (eg, runny nose, sore throat, cough, headache, and decreased appetite). For others, a severe RSV infection may result in hospitalization.

RSV CAN LEAD TO SERIOUS PULMONARY COMPLICATIONS IN THOSE WITH CHRONIC CONDITIONS⁵

Some adults with confirmed RSV, who also had CPD or COPD, experienced the following pulmonary complications^{5*}:



Pneumonia



Tachypnea



Hypoxia



Greater need for oxygen supplementation

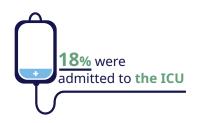


RSV: OLDER ADULTS AND SEVERE CONSEQUENCES

RSV infection typically begins with common signs of upper respiratory tract infection and symptoms can escalate quickly to lower respiratory tract infection.^{6,7}

IN ONE STUDY OF OLDER ADULTS HOSPITALIZED WITH RSV, SERIOUS COMPLICATIONS OCCURRED^{8†}

In the same US-based observational study of adults \ge 60 years hospitalized with RSV, approximately two-thirds were \ge 75 years and >30% had ischemic heart disease, CHF, diabetes, or COPD/chronic bronchitis/emphysema. In this study[†]:







CHF=congestive heart failure; COPD=chronic obstructive pulmonary disease.

'In a US study of 664 hospitalized adults 60 years and older who tested positive for RSV between January 1, 2011 and June 30, 2015, identified from Kaiser Permanente Southern California.

LIKE INFLUENZA, RSV CAN RESULT IN SERIOUS OUTCOMES IN CERTAIN PATIENTS^{3,9,10}

Estimated annual hospitalizations and deaths as reported by the CDC in adults 65 years and older

	RSV	Influenza
Hospitalizations [‡]	60,000-120,000	~128,000-467,000
Deaths [‡]	6,000-10,000	~12,000-43,000



TALK TO YOUR DOCTOR ABOUT YOUR RISK OF RSV

HOW RSV IS TRANSMITTED^{1,11,12}

- Infected infants and school-aged children may inadvertently transmit the virus to family members
- People may touch surfaces and objects that the virus is on and then touch their face
- Asymptomatic healthy adults exposed to the virus can unknowingly transmit the virus to coworkers, their young children, or elderly loved ones

HELP STOP THE TRANSMISSION OF RSV

REMEMBER TO3:



Cover coughs and sneezes



Frequently wash their hands with soap and water



Avoid close contact with sick people



Clean and disinfect surfaces

References:

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- **4.** Centers for Disease Control and Prevention (CDC). RSV in infants and young children. Accessed July 2024. https://www.cdc.gov/rsv/downloads/RSVin-Infants-and-Young-Children.pdf
- **5.** Ackerson B, Tseng HF, Sy LS, et al. Severe morbidity and mortality associated with respiratory syncytial virus versus influenza infection in hospitalized older adults. *Clin Infect Dis*. 2019;69(2):197-203.
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- **9.** Centers for Disease Control and Prevention (CDC). Past seasons estimated influenza disease burden. Accessed July 2024. https://www.cdc.gov/flu/about/burden/past-seasons.html
- 10. Centers for Disease Control and Prevention (CDC). RSV research and surveillance. Accessed July 2024. https://www.cdc.gov/rsv/research/index.html
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